Demographics:

58% White
17% Black/African American
3% Asian/Pacific Islander
5% Hispanic/Latinx
3% Native American/Alaska Native
10% Multiracial
4% Other

Age Range 18-89
10.5% veterans

22% LGBQ
28% cisgender women
70% cisgender men
2% non-binary, genderqueer, and/or transgender

77% struggle with substance use
41% struggle with both mental health and substance use
31% struggle with both alcohol and drug use
67% experiencing homelessness
87% have been homeless in the past

Services:

930 Members served
40,000 Recovery visits
27,000 Meals served

2,000 Peer-support recovery circles
1,000 Walks and runs with SoleTrain
300 Yoga classes and instructor training sessions

Our Members Report That the Café:

• Helped maintain their recovery • Helped reduce drug relapse
• Increased their amount of hope • Helped reduce alcohol relapse
• Helped increase their physical health • Helped stabilize their mental health
• Helped stabilize their mental health • Provided connection through Recovery Circles

- 97%
- 77%
- 86%
- 86%
- 78%
- 80%
- 89%
**Recovery Café Highlights**

- Hosted the bus launch for and attended Recovery Advocacy Day in Olympia, to educate our legislators about recovery policy and resource needs
- Member of Seattle Human Service Coalition’s Steering Committee, Meals Partnership Coalition, DSA MIDD Advisory Board, Seattle/King County Coalition on Homelessness, and Human Services Provider/Seattle Police Department West Precinct Forum
- Continued to support the Washington Recovery Alliance and the King County Recovery Coalition to create statewide and countywide systemic change
- Recruited 50+ Attendees for the King County Behavioral Health Legislative Forum
- Published an article in the Social Innovations Journal on the need to bring Recovery Cafés to other communities
- Presented at the Association of Recovery Community Organizations conference in Virginia
- Hosted the Washington State Healthcare Authority Leadership Team including Dir. Sue Birch
- Invited the Café Community to join our Legacy Society by making a planned gift; learn more at recoverycafe.org/planned giving

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**Volunteers Made It Happen**

- **8,000+ Hours of Volunteer Work**
- **600+ Unique Volunteers**
- **129 Volunteers with regular volunteer shifts**

Thank you to everyone who volunteered this year!

Recovery Café is a team effort! Our staff and our Members work hard and so do our volunteers! Volunteers, or as we call them, Café Companions, provide support in a wide variety of ways that brings warmth to the Café and stability to our Members. Our Members also contribute at the Café, providing an estimated 13,000 hours of service.
After more than 2 years of searching, we purchased a building in August 2018 that will be home to Recovery Café SODO. Located at 4202 6th Ave S, this Café will be our 2nd Seattle Recovery Café and will provide much needed offices and training space for the Recovery Café Network, as the Network continues to expand across the country.

Throughout much of the past year, our team has been working with architects, interior designers, and our construction team to prepare Recovery Café SODO for opening. Recovery Café SODO opened January 30th 2020. It features the full array of programs and services currently offered at Recovery Café South Lake Union as well as a Medical Clinic staffed by Country Doctor, which provides basic medical care for those experiencing, or at risk of, homelessness in SODO.

Recovery Café Network (RCN) provides groups and organizations mentorship, materials, expertise, and facilitated learning experiences to create a recovery community in their area. There are currently 19 communities opening or currently operating Recovery Cafés. Last year we welcomed two new cohorts: Cohort 4: Longmont, CO; Lowell, MA; and Port Townsend, WA Cohort 5: Indianapolis, IN; Lexington, KY; Chicago, IL, and Bremerton, WA

Additionally, the RCN held their Spring Training in May, bringing over 40 individuals from 11 Cafés together for training on Recovery Café’s Guiding Principles. Around the same time, RCN graduated its first 3 Full Members (Everett, WA; San Jose, CA; and Spokane, WA), which are now fully certified as Recovery Cafés.
## Income

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Government Grants</td>
<td>$321,309</td>
<td>14.2%</td>
</tr>
<tr>
<td>Individual/Special</td>
<td>$993,320</td>
<td>43.9%</td>
</tr>
<tr>
<td>Contributions</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Foundations and</td>
<td>$721,979</td>
<td>31.9%</td>
</tr>
<tr>
<td>Organizations</td>
<td></td>
<td></td>
</tr>
<tr>
<td>In-Kind Donations</td>
<td>$140,471</td>
<td>6.2%</td>
</tr>
<tr>
<td>Other</td>
<td>$85,823</td>
<td>3.8%</td>
</tr>
<tr>
<td><strong>Total Support and Income</strong></td>
<td>$2,262,902</td>
<td>100.00%</td>
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</tbody>
</table>

## Expenses

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Café Programs</td>
<td>$1,511,671</td>
<td>73.0%</td>
</tr>
<tr>
<td>Administrative Expenses</td>
<td>$304,935</td>
<td>14.7%</td>
</tr>
<tr>
<td>Fundraising Expenses</td>
<td>$255,584</td>
<td>12.3%</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td>$2,072,190</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

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### Thank You!

One of the core commitments of Recovery Café is to carefully steward the resources shared with us. We consider this a sacred trust and we strive to leverage every dollar for the greatest good. Our supporters not only provide a healing community for the people who come to the Café every day, they are building a statewide and nationwide Recovery Movement through the Recovery Café Network’s efforts to replicate the Recovery Café model in communities across the U.S. None of this would be possible without our dedicated team, warm community, and generous investors.

We are beyond grateful to our partners who make this work possible. 2020 brings new challenges and opportunities for the Café as we double our impact in Seattle and continue to grow nationally. Thank you for joining us on this journey!