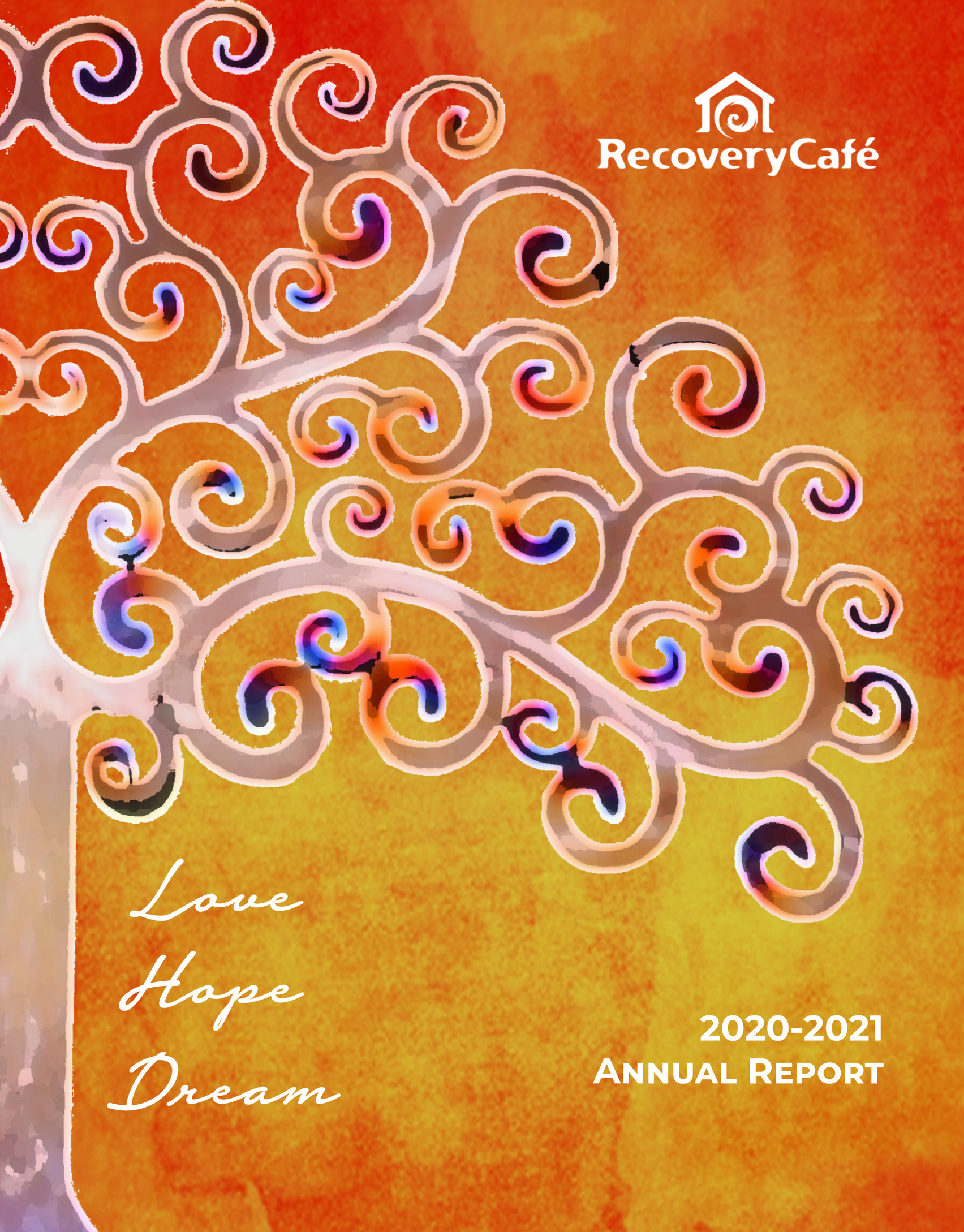

RecoveryCafé
Love
Hope
Dream
2020-2021
Annual Report

Services:

732
Members served

25,000
Recovery visits

17,000
Meals served

Pre-COVID
(July-Feb)

1,000
Peer-support recovery circles

Over 400 School for Recovery class meetings

Our Members Report That the Café:

- **Helped maintain their recovery** **93%**
- **Increased their amount of hope** **74%**
- **Helped reduce drug relapse** **87%**
- **Helped reduce alcohol relapse** **86%**
- **Helped increase their physical health** **77%**
- **Helped stabilize their mental health** **78%**
- **Provided connection through Recovery Circles** **92%**

Demographics:

53% White
17% Black/African American
4% Asian/ Native Hawaiian/other Pacific Islander
4% Hispanic/Latinx
2% Native American/Alaska Native

18% Multiracial
4% Other

Age range: 19-83
13% Veterans

17% LGBQ
28% cisgender women
69% cisgender men
3% non-binary, genderqueer, and/or transgender

74% in recovery from substance use disorder
58% in recovery from mental health challenges
43% in recovery from both mental health challenges and substance use disorder

30% in recovery from both alcohol and drug use
69% experiencing homelessness
87% have experienced homelessness in the past

Responding to the COVID-19 Pandemic

At the start of the pandemic in March, Recovery Café quickly pivoted to providing our services to our Members in safe and innovative ways. In-person recovery support moved to phone and video, offering weekly teleconnection calls to our Members and Zoom Recovery Circles. These calls became a source of regular support and encouragement for our Members, a reminder that someone continues to care about their well-being during a time of increased isolation and despair. We also transitioned to daily to-go meals from our South Lake Union Café, offering two meals a day to anyone who comes to our doors.

By the Numbers
(Mar-June)

- 10,000+ To-Go Meals Served
- 1,000+ Completed Teleconnection Check-Ins
- 10,000+ Minutes of Teleconnection Support
- Over 35 Recovery Circles
- 96% of Members reported that at least one Recovery Café program or service has helped them in the COVID-19 pandemic
- 73% of Members feel very or extremely supported by the Café's Teleconnection Program
- 88% of Members reported that Recovery Café's Teleconnection Program increased their desire to be in recovery
- 82% of Members reported that Recovery Café's Teleconnection Program helped them increase the amount of hope in their life

Resource Connection Days

In May, Recovery Café began hosting a monthly outdoor Resource Connection Day, where we provide critical connection to additional resources for our Members, including: facemasks, hygiene kits, hand sanitizer, bus tickets, clothing, shoes, and camping gear. Since that first event, local organizations have partnered with us by offering their services as well, providing: substance use disorder treatment, housing resources, COVID testing, flu and Hep A/B vaccinations, medical and dental care, mental health services, pet care, and other essential needs. Each person also receives homemade cookies and handwritten notes of encouragement from our volunteers. Our goal was to provide not only these essential resources in a time of great need, but to also share a message of hope and belonging to each person who comes to our door.

Recovery Café Highlights

» **Attended Recovery Advocacy Day in Olympia to educate our legislators about recovery policy and resource needs.**

» **Recruited 50+ Attendees for the King County Behavioral Health Legislative Forum**

» **Featured in the Christian Science Monitor**

» **Pieces from our Safe Place for Writers School for Recovery Class were featured in an Art Installation at the UW's School of Social Work**

» **Recruited 100+ Attendees for the First Annual Recovery Day with the Seattle Mariners**

» **Finalist in the Aetna Voices of Health competition.**

» **Moved the Leaves of Remembrance from the Sobering Center to Recovery Café to remember those who have lost their lives in the streets of Seattle.**

» **Featured an article in our newsletter from Seattle City Councilmember Deborah Jauraz on Murdered and Missing Indigenous Women and Girls**

» **Featured in the Call to Unite hosted by Tim Shriver and viewed by over 24 million people.**

» **Continued to support the Washington Recovery Alliance and the King County Recovery Coalition to create statewide and countywide systemic change.**

» **Member of Seattle Human Services Coalition's Steering Committee, Meals Partnership Coalition, DSA MIDD Advisory Board,, Seattle/King County Coalition on Homelessness, SODO Business Improvement Area, GiveBIG Advisory Board, On Being Advisory Board, and Human Services Provider/Seattle Police Department West Precinct Forum**

Volunteers made it happen

Thank you to everyone who volunteered this year!

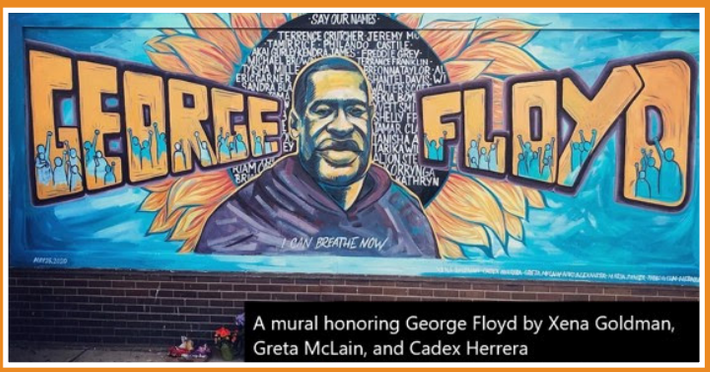
Recovery Café volunteers continued to support our Members and staff in person prior to the onset of the COVID-19 pandemic, and also adapted and evolved with us to provide virtual, teleconnection, and socially-distanced support and resources to our community. We are grateful for the team effort and spirit of community fostered by volunteers and the 5,000+ hours volunteers contributed this past year!

5,000+ Hours of Volunteer Work

350+ Unique Volunteers

Rise Up Committee

The Rise Up Committee is a diverse group of Recovery Café leaders committed to leading Recovery Café in its ongoing commitment to be an anti-racist organization. The work of the Rise Up committee is to examine and end racism in ourselves and our Seattle Recovery Café communities and to lead and support this work in all of the Recovery Cafés making up the Recovery Café Network.



A mural honoring George Floyd by Xena Goldman, Greta McLain, and Cadex Herrera

Problem Gambling

In partnership with The Snoqualmie Tribe we officially launched our Problem Gambling Public Awareness campaign. The campaign, which began in March as part of Problem Gambling Awareness Month, was a multi-platform endeavor including utilizing King 5 New Day Northwest segments, email, Facebook and electronic articles. The campaign succeeded in delivering close to 20 million impressions, learn more here: www.roadtorecoverys.org

RECOVERY CAFÉ NETWORK

Recovery Café Network (RCN) currently supports 22 Cafés through mentorship, materials, and expertise as they start and operate a Recovery Café in their community. Some highlights from this past year include: incorporating a 6th core commitment--"Work to end systemic racism and socioeconomic inequality so every person can thrive."; welcoming 5 new Cafés to the Network Family; and launching Regional Catalysts initiatives in the Bay area and the Midwest to help foster expansion and connect with more communities in need.

In light of COVID-19, the Recovery Café Network introduced creative pivots in order to best support Network Cafés. RCN incorporated additional programmatic training so that each Café could offer teleconnection check-ins and support to their Members, launched a fully virtual learning cohort, and started weekly, Network-wide "Boost" calls, where all Cafés nationwide could connect and collaborate while getting and giving support.

Recovery Café SODO

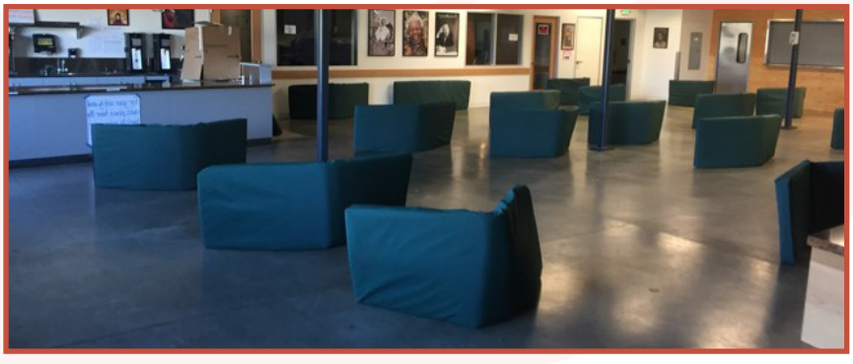
Capital Campaign

In May 2019 we officially launched the Recovery Café SODO Capital Campaign, with the goal of raising $10.1 million to help officially launch the Café. $5.5 million was used to purchase the building, $2.1 million was used for the design and build-out of the new Café, and $2.5 million was secured to fund general operations at the Café for the first 3 years. Through the amazing support of foundation and government partners, our amazing donors, and using some of our preexisting assets, we successfully completed the Campaign in September 2020.

Construction Complete!

On the exact same day that we completed the Recovery Café SODO Capital Campaign, we gained the final permit necessary to begin construction on the Café. Partnering with Abbott Construction, the Café was given a brand new kitchen, additional class and therapy rooms, new office space for the Recovery Café Network, and a new Medical Clinic to serve those experiencing homelessness in SODO. The construction was completed in late December 2019, and our staff spent the next month equipping, preparing, and decorating the Café for use.

Grand Opening



After two years of construction, design, and planning, we opened the second Seattle Recovery Café in the SODO neighborhood of South Seattle on January 30th, 2020. More than 200 of Recovery Café's Members, donors, volunteers, and supporters, as well as representatives from our government, corporate, and non-profit partners, gathered to celebrate the Grand Opening. This event, highlighted by messages from Senator Patty Murray and Seattle Mayor Jenny Durkan, an awards ceremony, and tours of our new space, was the perfect way to kick-off the momentous work of Recovery Café SODO.

2019/20 FINANCIALS

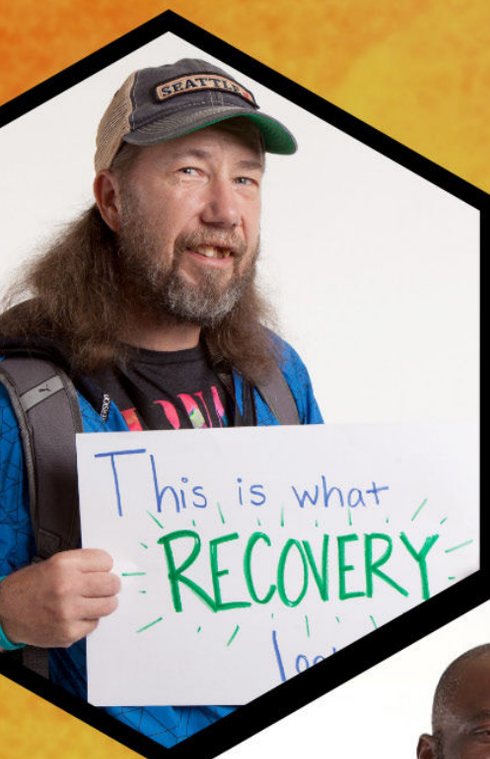
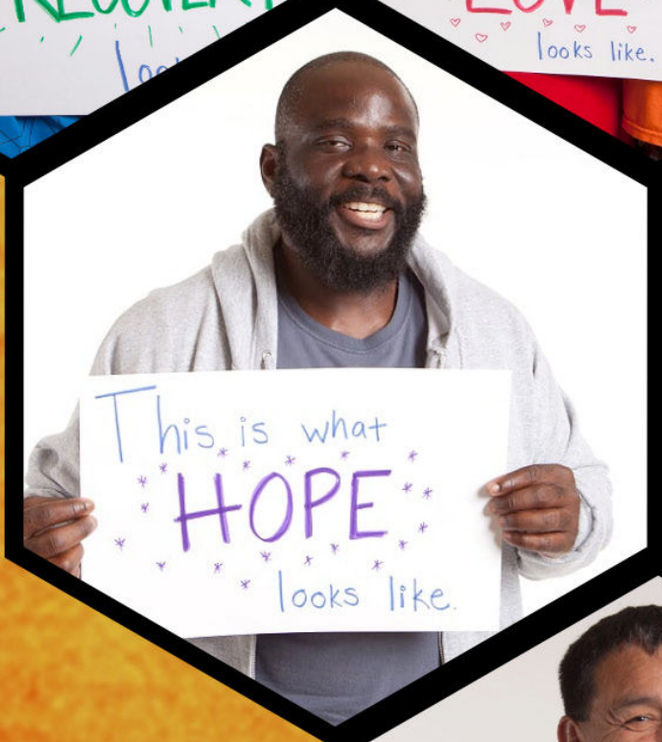
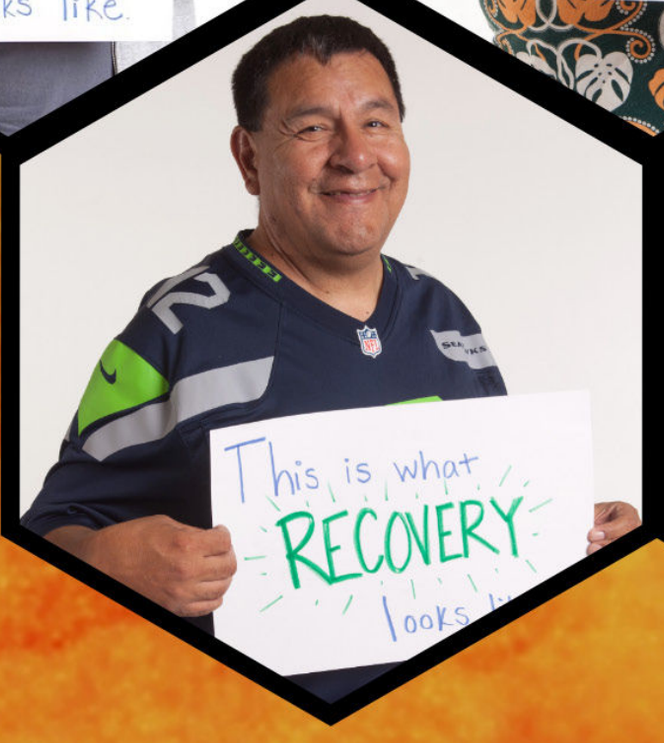
Due to the COVID-19 pandemic our annual financial audit for the last fiscal year is not yet finished.

We will add the financial information to this report as soon as it is ready. Please visit recoverycafe.org/annual-report/ for updates.

If you would like information on our 2019/20 financials or have any other questions, please reach out to: rick@recoverycafe.org

Thank You!

One of the core commitments of Recovery Café is to carefully steward the resources shared with us. We consider this a sacred trust, and we strive to leverage every dollar for the greatest good. Our supporters not only provide a healing community locally-- they are building a statewide and nationwide Recovery Movement through the Recovery Café Networks' efforts to replicate our proven model in communities across the continent. This would not be possible without our dedicated team, warm community, and generous investors.

We are incredibly grateful to our partners, volunteers, and supporters who make this work possible. 2021 brings unique challenges and opportunities for the Café to continue to evolve and deepen our impact, both in our Seattle community and beyond. Thank you for walking alongside us on this journey!

RecoveryCafé